

Should my child Go to school Today?

High Temperature Impetigo

Headache, Ear ache & Stomach ache

Coughs & Colds

Head lice

Flu & Swine Flu

German Measles Diarrhoea &

Chicken Pox & Measles Vomiting

Mumps

Scabies

Whooping Cough

Threadworm

Conjunctivitis

**Headache, Ear ache
and Stomach ache**

Children with headache, ear ache or stomach ache can go to school just let the staff know they have felt unwell.

Give Paracetamol and plenty of fluids to drink.

If headache, ear ache or stomach ache persists seek medical advice

High Temperature

- **Give Paracetamol and plenty to drink,**

if temperature continues for 3 days or more seek medical advice.

- **After Paracetamol, If your child feels**

better bring them into school.

Coughs & Colds

Children should be given Paracetamol, plenty of fluids to drink and can be sent to school.

If your child is asthmatic remember they may need their blue inhaler more often.

Flu & Swine Flu

Children should go back to school

when recovered this is usually about 5 days.

Diarrhoea & Vomiting

Children can return to school 48 hours after the last episode of diarrhoea or

vomiting

Sore throat, Tonsillitis & Glandular Fever

Children should be given Paracetamol, plenty of fluids to drink and can be sent to school.

Head lice Children can go to school with head lice but they must be treated for the condition to prevent further spread.

There is an expectation that parents will be treating their children and family members weekly by wet combing with a nit comb and conditioner. [See your School Nurse for further advice](#)

Conjunctivitis

Children can go to school they will be encouraged to wash their hands to prevent further spread of infection.

Impetigo

Children can go back to school when the lesions are crusted or healed, or 2 days after starting antibiotic treatment.

Threadworm

Children can go to school when they have started their treatment.

Everyone at home should be treated.

Scabies

Children can go back to school after the first treatment.

The child and others at home should

be treated as well.

**Hand, foot & mouth, Warts &
Verrucae, Athletes foot,
Molluscum contagiosum**

Children can go to school.

Verrucae should be covered in
swimming pools and changing rooms.

Whooping Cough

Children should go back to school **five**
days after starting antibiotics.

Non infectious coughing may **continue**
for many weeks.

Mumps

Children should go back to school five days from the start of swollen glands.

Measles, Chicken Pox & German Measles

Children should go back to school;

4 days from the start of the rash for **Measles**.

5 days from the start of the rash for **Chicken Pox**.

6 days from the start of the rash for **German**

Measles. Please let the school know as pregnant members of staff may be affected.

Medicines in School

Children can come to school even if they are taking medicines as staff are able to give them their medicine in school.

Please make sure the bottle is labelled with the child's name and how often they should have it.

Please discuss with the Head Teacher

Your local pharmacy

You don't have to wait to see a doctor: you can get advice and some treatment from your local pharmacist.

You can also contact NHS Direct on 0845 46 47 for advice.

Portsmouth
CITY COUNCIL

IPPOINT 7 6
POINTMENTS

Taking your child out of school for medical appointments disrupts their learning. Try to book appointments for after school or during school holidays.
(think twice

www.portsmouth.gov.uk

every day counts.

School Nurse Drop- in session

Your School Nurse is available to meet with you in school.

Please ask your school reception for details.

The school day is split into two session so if your child starts to feel better over the morning you can bring them into school for the afternoon session.

If your child has an appointment within school hours please bring your child into school before and after the appointment.