

Bridge Learning Campus Primary RSHE Policy

LEADERSHIP RESPONSIBILITY: LIZ HACKLING

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REVIEW DATE: September 2025

HEADTEACHER: MR R MAULE

SIGNED: 

Introduction

Purpose

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

Since September 2020, Relationships and Sex Education (RSE), along with Health Education, became a statutory, part of the National Curriculum

This policy meets the requirements that schools publish a Relationships and Sex Education policy and does this within the wider context of Personal, Social and Health Education.

PSHE

At Bridge Learning Campus, we teach Personal, Social, Health Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity.

At Bridge Learning Campus we intend our curriculum to:

- Build the foundations of Relationships Education that pupils will experience throughout their lives
- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour;
- Have the confidence and self-esteem to value themselves and others, and the skills to judge what kind of relationships they want.
- Develop a deeper knowledge and understanding about family relationships, friendships and other kinds of relationships that are an important part of becoming a successful and happy adult.
- Develop healthy, nurturing relationships of all kinds.

- Understand what is acceptable and unacceptable behaviour in relationships, what a healthy relationship looks like.
- Recognise that family is a broad concept, ensuring that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBTQ+ parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example looked after children or young carers).
- Generate an atmosphere where questions and discussion on relationship matters can take place without any stigma or embarrassment

Meeting the needs of pupils

Pupils with Special Educational Needs:

We will ensure that all young people receive sex and relationship education, and we will offer provision appropriate to the particular needs of all our pupils, taking specialist advice where necessary

Inclusion of different ethnic and cultural groups

We intend our policy to be sensitive to the needs of different ethnic groups. For some young people it is not culturally appropriate for them to be taught particular items in mixed groups. We will respond to parental requests and concerns as appropriate.

Implementation

At Bridge Learning Campus we deliver Relationships and Sex Education and Health (RSHE) Education underpinned by a programme called “Jigsaw, the mindful approach to PSHE”. Additional resources from the Christopher Winter Project combine to form a high-quality curriculum that is delivered in a weekly timetabled slot.

These explicit lessons are reinforced and enhanced in many ways:

Assemblies and collective worship, praise and reward system, Learning Charter, through relationships child to child, adult to child and adult to adult across the school. We aim to ‘live’ what is learnt and apply it to everyday situations in the school community.

Class teachers deliver the weekly lessons to their own classes.

The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

	Puzzle (Unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education content from the Christopher Winter Project

Impact

The delivery of RSHE lessons and pupil progress is monitored by the Head of PE and PSHE, supported by the senior leadership team. Feedback sessions are included to rectify misconceptions keeping pupils safe and well informed.

Sex Education

The DfE Guidance 2019 (p.23) recommends that all primary schools ‘have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

However, ‘Sex Education is not compulsory in primary schools’. (p. 23)

At Bridge Learning Campus, we believe children should understand the facts about human reproduction before they leave primary school and we define Sex Education as having an understanding human reproduction

We intend to teach this *as part of our Science curriculum in line with the National Curriculum.*

In order to teach this in a scientific context, and knowing that National Curriculum Science requires children to know how mammals reproduce, we have opted to teach this within our Science curriculum, not within PSHE or Relationships and Sex Education as we believe this is most appropriate for our children.

Therefore, the parent right to withdraw their child is not applicable. We are of course happy to discuss the content of the curriculum and invite you to contact the PSHE Lead – Martin Knight should you wish to discuss.